

Cosmo

WELLNESS BUFFET LUNCH

12:00pm - 2:30pm

\$29.90++ Adults

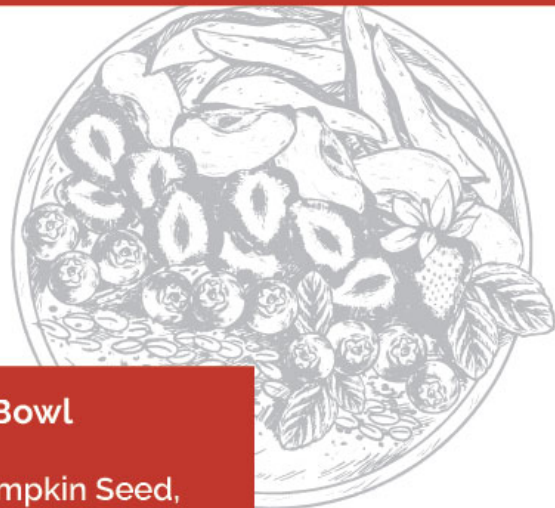
\$14.90++ Kids

COSMO @ CAPRI BY FRASER CHANGI CITY

Capri by Fraser Changi City, 3 Changi Business Park Central 1
Singapore 486037

+65 6933 9878

Cosmo



Add \$1 for a Personal Açaí Bowl
worth \$9.90
Dried Figs, Roasted Cashew Nuts, Pumpkin Seed,
Granola, Frozen Mix Berries, Banana & Peanut Butter

Seafood on Ice

Live Poached Prawns

White Clam

Black Mussel

Accompanied with Tabasco, Thai
Chili Sauce, Lemon Wedges

Soup

Selection of 2 Soups daily

Cream Of Cauliflower

Cream Of Forest Mushroom

Pumpkin Velouté

Creamy Tomato & Basil Soup

Double Boiled Chicken Herbal Soup
With Wolfberries & Red Dates

Lotus Root Soup With Chinese Herbs

Chinese Style Winter Melon Soup With Herbs



Appetizers and Salads

Selection of 4 Salads daily

Oven Baked Honey Glazed Pumpkin With
Cranberry & Balsamic Reduction

Roasted Cauliflower Salad With Almonds & Raisins

Waldorf Salad

German Potato Salad With Beef Bacon & Gherkins

Chickpeas Salad

Greek Salad

Beet Salad With Orange Vinaigrette & Feta

Roasted Maple Glazed Sweet Potato Salad

Italian Style Caprese Salad

Couscous Salad With Parsley & Olives

Mushroom, Edamame & Tuna Salad

Nyonya Achar With Prawns

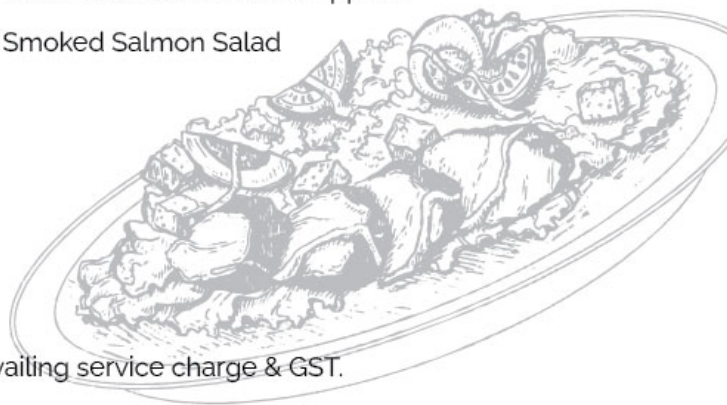
Thai Style Green Mango & Seafood Salad

Tomato & Couscous Salad With Mint

Nicoise Salad

Lentil Salad With Mixed Peppers

Smoked Salmon Salad



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Hot Dishes

Selection of ONE item per category daily

Seafood

- Pan Seared Barramundi With Mango Salsa
- Steamed Seabass With Lime Garlic Sauce
- Seafood "En Papillote"
- Teochew Style Steamed Fish
- Grilled Fish With Tomato & Olive Salsa
- Poached Miso Salmon With Lime Leave & Sesame
- Mediterranean Style Steamed Clam
- Sambal Mussel
- Mussel With Tomato & Garlic
- Thai Style Poached Mussel
- Seafood Bouillabaisse
- Seafood Paella

Chicken

- Cajun Spice Rub Baked Chicken Leg
- Grilled Teriyaki Chicken With Seaweed And Sesame
- Braised Chicken With Ginger And Mushrooms
- Chicken Fricassee
- Grilled Chicken Breast With Grain Mustard Sauce
- Chicken Masala
- Thai Green Chicken Curry
- Sweet & Sour Chicken
- Wok Fried Kung Pao Chicken

Beef

- Moroccan Style Beef Stew With Apricot & Chickpeas
- Beef Rendang
- Stir Fried Beef Strips With Ginger & Scallions
- Irish Beef Stew With Potatoes, Carrots, Green Peas & Tomatoes
- Thai Style Beef Massaman
- Chinese Style Beef Stew With Potatoes & Carrots
- Wok Fried Black Pepper Beef Strips

Vegetables & Bean Curd

- Sauteed Garden Greens
- Braised Broccoli With Wolfberries & Mushrooms
- Braised Hong Kong Kai Lan With Garlic
- Mapo Tofu
- Braised Bean Curd With Ginger & Scallion
- Braised Mushroom With Carrot, Corn In Cream Sauce
- Cauliflower Gratin
- Roasted Baby Potatoes

Noodles/Pasta/Rice

- Mac & Cheese
- Green Peas Pilaf
- Tomato Pilaf With Brown Rice
- Penne Pesto
- Brown Rice Seafood Fried Rice
- Brown Rice Yang Chow Fried Rice
- Braised EE Fu Noodles



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Desserts

Selection of 10 items daily

Cold Desserts

- Fruit Platter
- Panna Cotta
- Mini Chocolate Éclair
- New York Cheesecake
- Mini Chocolate Brownie
- Mini Egg Tart
- Fruit Tart
- Pandan Kaya Layer Cake
- Mango Pudding
- Apple Pie
- Taiwanese Chocolate Sponge Cake
- Red Velvet Cake
- Marble Cake
- Honey Roll Cake
- Butter Blondie
- Strawberry Blondie
- Lemon Tart
- Portuguese Tart



Hot Desserts

- Cheng Theng
- Red Bean Soup
- Green Bean Soup
- Tau Suan
- White Snow Fungus With Pear, Strawberry, & Plain Yogurt
- Cookies & Biscuits



Build Your Own Stations

DIY Salad

Greens

- Mesclun Salad
- Green Frisee
- Cherry Tomatoes
- Rocket Lettuce
- Baby Spinach
- Cucumbers
- Assorted Peppers
- Broccoli
- French Beans
- Green Peas
- Carrots
- Romaine Lettuce
- Belgian Endive
- Red Cabbage
- Beet Root



Accompaniments

- Baby Mozzarella
- Feta Cheese
- Sesame Seed
- Dried Apricot
- Sun Dried Tomato
- Capers
- Gherkins
- Cocktail Onions
- Stuffed Red Peppers With Feta
- Antipasti
- Button Mushroom Antipasti
- Assorted Olives
- Grated Parmesan
- Kidney Beans
- Alfalfa Sprouts
- Edamame
- Croutons

Dressings

- French Dressing
- Olive Oil
- Balsamic Vinaigrette
- Honey Mustard
- Citrus
- Mayonnaise
- Thousand Island
- Basil Pesto
- Guacamole
- Caesar



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Build Your Own Stations

DIY Sandwich Board

Breads

Multigrain Loaf
Panini
Pita
Sourdough
Tortilla
Baguette



Spreads

Humus
Basil & Walnut Spread
Onion Confit
Tuna Mayo
Smoked Salmon & Dill Mayo
Gochujang Chicken Mayo
Grilled Cajun Chicken Breast
Egg & Gherkins Spread
Olive Tapenade
Creamy Avocado

Cold Cuts and Cheese

Beef Salami
Sliced Chicken Ham
Smoked Salmon
Emmental Cheese
Swiss Cheese
Camembert
Blue Cheese
Brie



Hawker Noodle DIY Station

Singapore Laksa

Penang Hokkien Prawn Noodle

Duck Mee Sua

Hokkien Beef Noodle

Penang Lor Mee

Curry Chicken Noodle



Kueh Pie Tee DIY Station

Braised Carrot & Turnip

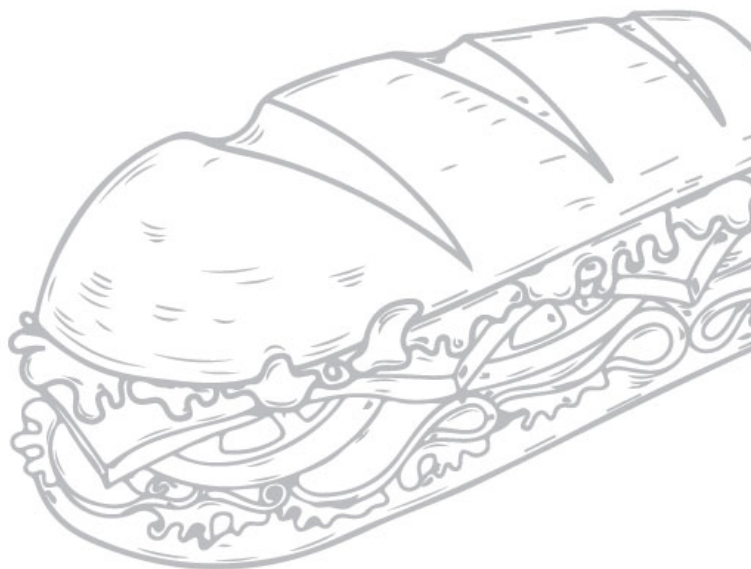
Chopped Eggs

Shrimp

Peanut

Sweet Soya Sauce

Chili Paste



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